



Filing Tips for Out of Network Insurance Plans

While we can offer only limited assistance in filing out of network claims, we want to empower our clients to get the most reimbursement possible from their insurance companies.

Here are some helpful hints in working with your insurance company:

Step 1: Determine your out of network coverage.

Call your insurance company and tell them that you plan to receive services from a provider who is out of your network. Ask them what your coverage will be. Be sure to find out if you have a separate deductible for out of network services.

- Typical psychological assessment codes are 90791 (intake), 96136, 96137, 96130, 96131
- Typical individual therapy codes are 90791 (intake), 90832, 90834, 90837
- Typical group therapy code is 90853

Step 2: Find out if you need to get preauthorization.

When you're on the phone with the insurance company, inquire about the need for authorization for these services. If this is necessary, you should get an authorization number. Write this down and keep it for future reference. Find out how many sessions they are authorizing and the expiration date for these. You will probably need to call back when those sessions have been used OR the date has expired. Due to recent changes in healthcare laws, prior authorizations are becoming less common.

Step 3: Find out what you need for filing.

Typically, the Superbill that our office provides you is sufficient and includes several pieces of information including: the date of service, billing or CPT code for the service, The ICD-10/DSM-5-TR diagnosis code, and the practice's NPI (National Provider Identifier). Our office provides Superbills at your request only, and they can only be provided after your account is paid in full.

The National Provider Identifier (NPI) for Claire Baniak, PsyD is 1659978674 and for Jenna Wallace, PsyD is 1619364346.

The Service Address for Unlocked Potential is: 1000 Technology Drive, Suite 2100, Fairmont, WV 26554.

Our practice cannot guarantee reimbursement for services. We cannot be held responsible for failure to receive reimbursement. These tips are provided as a courtesy to our clients only.